

Daily Schedule

9 am-10 am Wake-up/ eat breakfast

10 am-11:30 am Academic time/Canvas

11:30 am- 12:30 pm Creative time (Legos, drawing, cooking, baking, crafting)

12:30 pm -1:00 pm LUNCH

1:00 pm-1:30 pm Quiet time (reading or puzzles)

1:30 pm-2:30 pm Academic time/Canvas

2:30 pm-3:00 pm Fresh Air (play in back yard or on porch)

3:00 pm-3:30 pm Academic time/Canvas

3:30 pm-4:00 pm snack time

4:00 pm-5:30 pm Chore time

5:30 pm-6:30 pm Dinner

6:30 pm-8:00 pm Free time

8:00 pm-9:00 pm Bedtime